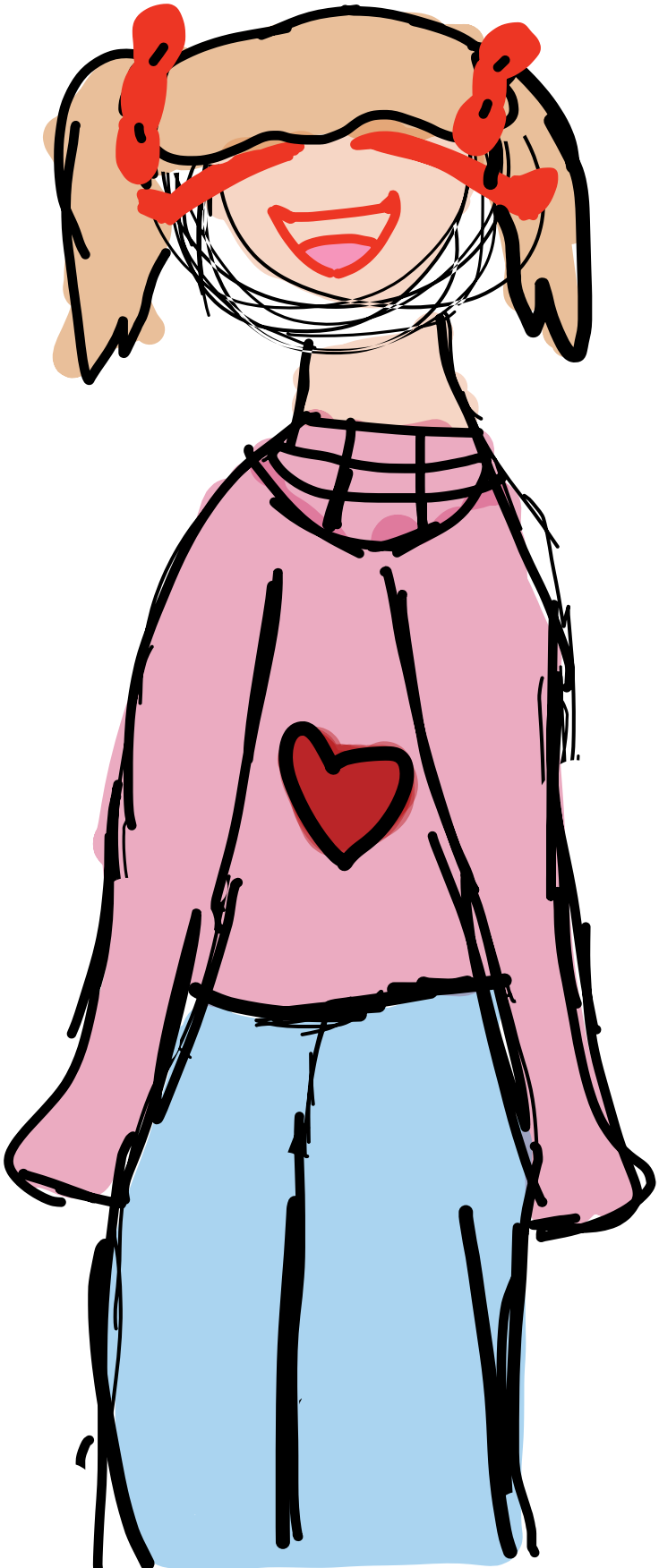Lizzy